



2022 Annual Report

1. Financial Support

There is no regular financial support received from Hong Kong Government for HKBSF to organize the many meaningful events for the visually impaired participants. We are grateful to the generous donation from Hong Kong Jockey Club Charities Trust for supporting a three year multi-sport training programme for our members since June 2019. We are also grateful to Social Welfare Department and Welfare Bureau supporting programme funds for our various activities. Nevertheless, the significant donation from the individual donors and business companies are most important for the promotion and implementation of our mission of Equal Participation and Sports for ALL.

It is delighted to note that as at 31 March 2022, the total revenue and other income amounted HK\$3,564,291, the total administrative and activities expense amounted HK\$3,282,914, leaving a surplus of HK\$281,377.

2. Operation Impact by the 5th Wave of COVID-19

- 2.1 Due to the severity of COVID-19 pandemic, all our training classes had been suspended since 1 January, 2022.
- 2.2 In order to maintain the physical fitness of our marathon trainees, the coach had conducted physical training sessions on zoom for the participants of the marathon training courses since February 2022.
- 2.3 Many of the Life Education talks were conducted via Zoom to the students. Response from teachers and students were very encouraging.
- 2.4 In late December, 2021, Mrs Grace Chan, our Founder and Mr PW Lai, CEO, together with two visually impaired volunteers, visited four Homes for the Aged Blind in December 2021, namely: Kowloon Home for the Aged Blind, Jockey Club Tuen Mun Home for the Aged Blind, Bradbury Care & Attention Home for the Aged Blind and Yuen Long Home for the Aged Blind. In addition to giving out health gifts to the aged blind residents, our visually impaired volunteers also encouraged the aged blind residents to keep doing exercise for health improvement.

- 2.5 In January 2022, CEO, together with the staff team, made visits to 36 visually impaired members of HKBSF and distributed to each one an anti-pandemic gift pack.
- 2.6 A total of 800 sets of COVID-19 Rapid Antigen Test Kits was received from Mr Gary Leung, our devoted visually impaired member and another 290 sets from Hong Kong Council of Social Service and individual donors in March 2022. The donation allowed us to distribute the timely gifts to our visually impaired members either by post or in person at Kwai Fong MTR Station.
- 2.7 It was until May 2022 that all sport activities and life education events resumed as normal when the Government relaxed the pandemic control measures.

3. Regular Events

3.1 Sport Training Classes

Despite the adverse impact by the pandemic, sport training classes organized regularly for our visually impaired members included marathon running, bowling, swimming, darting, karate, yoga, golf and tandem cycling. After a lengthy period of training, other than the improvement of the respective sporting skill, participants would be expected to gain greater muscle strength and endurance, flexibility and cardio-respiratory fitness. The increased social interaction during the training programmes also provided a boost of self-esteem and self-confidence to our members which is crucial for them to be integrated into the community.

3.2 Life Education Talks

Life Education Talks had been conducted by our staff and visually impaired athletes to primary and secondary schools. During the talks, we would introduce our sports rehabilitation programmes, the communication skills with the visually impaired, the sighted guide techniques and introduction of some common eye diseases. The visually impaired speakers also shared their life experiences and challenges, feelings and emotions with the students, followed by question and answer session. It was a very useful educational programme for students to learn from the visually impaired who, despite their disability, had demonstrated strength and self-confidence in facing life challenges positively and became healthy, resourceful and contributing members of the society.

3.3 Activity Statistics

(A) Regular Sport Training Classes

Sport	Total No. of Training Sessions Conducted	Total Attendance
Marathon	32	480
Bowling	32	960
Golf	17	136
Darting	29	522
Swimming	17	170
Karate (beginners)	42	420
Karate (elite)	42	420
Tandem Cycling	17	102
Yoga	16	160
	TOTAL	3370

(B) Life Education Talks

Total No. of Schools visited	27
Total No. of Sharing Sessions Conducted	27
Total No. of Students Attended	7563

4. Significant Events

4.1 2021 AGM

The 2021 AGM cum Annual Dinner was successfully held on 15th December 2021 at My Day Restaurant, L6, Mira Place 1, 132 Nathan Road, Tsim Sha Tsui, Kowloon with over 100 participants attending, including visually impaired members, volunteers, Council members, supporters and staff members. The participants took the opportunity to bid farewell to Mrs Grace Chan, the Founder & CEO of HKBSF as well as welcoming Mr PW Lai who replaced Mrs Chan as CEO as of 1 January, 2022. Appreciation awards were presented to the long serving and devoted volunteers of HKBSF.

4.2 2022 Chinachem Run for Brightness

Due to the severity of COVID-19 pandemic and stricter social distancing measures imposed by government, the event which was originally planned in January had changed to virtual run in February. It was so unfortunate that

as the outbreak became more widespread in February, the event was finally cancelled.

In order to thank the major donors and supporters, the Chinachem Run for Brightness 2022 Thank You Reception had been held on 29 June 2022 (Wed) at Sky Lounge, Nina Hotel. Ms Hannah Yip, Assistant Director of Social Welfare Department kindly officiated at the ceremony. Various donors and their representatives had kindly attended the ceremony.

HKBSF also released a video during the ceremony showcasing the positive impact of the sports to our visually impaired members and expressing gratefulness to our donors. The Karate team from HKBSF had presented a demonstration to the guests on stage. Our volunteers were also invited to tell the audience their passion and devotion for the service.

4.3 12th Bowling Tournament for All cum 11th Blind Bowling Tournament

The 12th Bowling Tournament for All cum 11th Blind Bowling Tournament was successfully held on 12 June 2022 (Sunday) at Bowling Centre of South China Athletic Association. A total of 55 teams were formed which included teams from Rotary Club, Sun Hung Kai, StarBucks, etc. There were 37 blind members attending the tournament. Ms Vivien Lau, SBS, JP, Vice President of SF&OC had kindly officiated at the opening ceremony.

4.4 Golf Fun Day

The Golf Fun Day was successfully held on 20 September under excellent weather. The event was intended to let those visually impaired members who never played Golf before to learn and experience golf fun. Very good appreciation was received both from Kau Sai Chau Golf Course and the participating members. A total of 16 visually impaired members and 16 companions/volunteers had taking part in the event.

4.5 2022 Golf Competition for the Visually Impaired

The competition was successfully held on 12 Oct 2022 at Kau Sai Chau Golf Course with 15 visually impaired golfers participated. Mr. Cameron Halliday, General Manager of Kau Sai Golf Course and Mrs Grace Chan, Founder and Vice Chairman of HKBSF had kindly officiated at the prize giving ceremony.

4.6 Cycling Day Camps - under the assistance of the students from Baptist University, 4 cycling day camps were successfully held in October and November, 2022. We were kindly assisted by HK Youth Hostels Association

allowing us to use their Bradbury Centre at Tai Mei Tuk as our activity centre and bicycle storage point.

5. Other Special Events

- 5.1 HKBSF was invited as the sole beneficiary in the MatchLive eGolf GBA Cup held on 31 July 2022 (Sunday) at Golfzon, D2 Place One, Cheung Sha Wan. Three blind golfers from HKBSF had taken part in the tournament.
- 5.2 The Chinese General Chamber of Commerce had donated 300 pieces of moon cakes to our visually impaired members. We had distributed the moon cakes to members during the training sessions.
- 5.3 Golf Volunteer Training Day – a total of 16 sighted volunteers took part in the training day on 19 October, 2022.
- 5.4 LUA Charity Run - A total of 30 people from HKBSF attended the charity run organized by LUA (Life Underwriters Association) on 13 November 2022 at West Kowloon Cultural District. An amount of HK\$100,000 donation was made by LUA to HKBSF.
- 5.5 HK Paralympic Day 2022 - HKBSF was invited to join the HK Paralympic Day 2022 on 30th October, 2022 at Tiu Keng Ling Sports Centre. We run an activity booth to let the public understand and experience sport events for visually impaired participants. Our Karate team members also gave a full demonstration on stage as a highlight of the day.
- 5.6 A new promotional video was uploaded to YouTube channel in July. Further, an edited 1-minute version video clip was publicized at the MTR train cabin from 14 – 23 September 2022.

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